

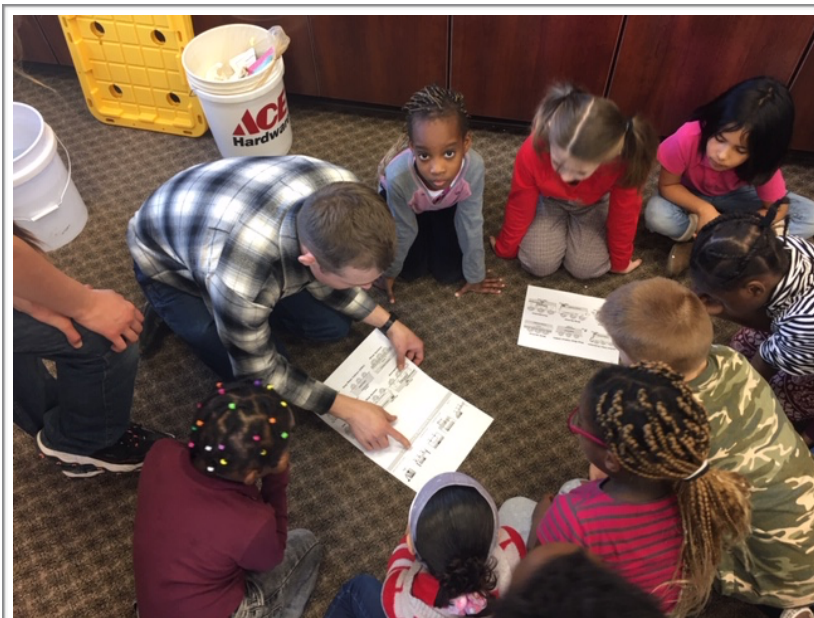


IHAS NEWS

Educating for a Life of Service

Thank You, Kolter!

We received a very educational demonstration by Kolter Karges last week on how to plant a hydroponic "garden." Kolter showed the students the basics behind it including



Upcoming Events

- March 16-20
NO SCHOOL—
Spring Break

- Tuesday, March 24
Upper grades to
Amen

- Monday, March 30
Princess' Birthday

- Tuesday, March 31
DISMISS AT NOON
Parent-Teacher
Conferences

- Tuesday, April 7
All school to St.
Ben's or Evergreen

- Sabbath, April 18
Adventist Education
Sabbath

- Sunday, April 19
Men-Cook
Breakfast & School
Constituency Mtg



materials needed (containers, fertilizer components, plants starts, lamps, planting cups). The students got to plant 12 starts and are able to monitor their rapid growth each day. We look forward to harvesting our own lettuce! Thank you so much for sharing your time, talents, and materials, Kolter!

MATH MINUTE PROGRESS

___Add/Subtract___

Level 6: Jacob
 Level 12: Fortunate
 Level 13: Ebnay
 Level 15: Princess
 COMPLETERS: Brianna, Mosheh

___Multiply/Divide___

Level 18: Jacob
 Level 19: Fortunate
 Level 20:
 Level 21: Ebnay, Brianna
 Level 22: Princess
 Level 26: Mosheh

FRANCISCO JAVIER
MONTHLY GOAL: \$30

Received this week:
\$23

Received so far for
July: \$30
August: \$11.10

Thank you!



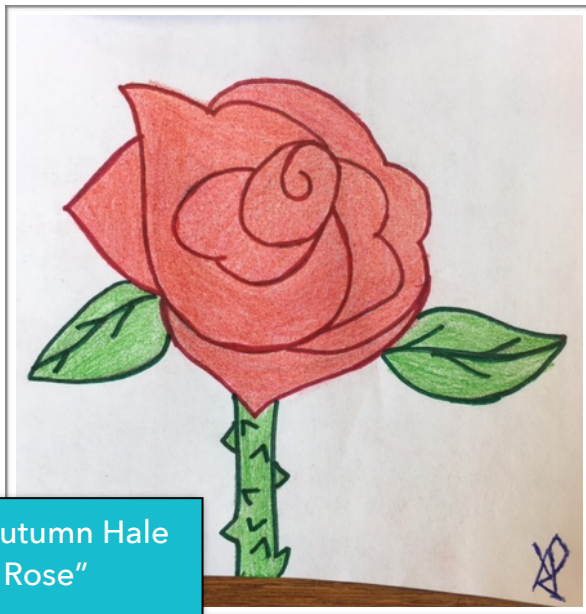
Social Studies Fair

Spring break is a GREAT time to work on Social Studies Fair projects! Brentwood Adventist School in Bismarck has asked to host the event this year so we will be traveling that direction and enjoying their hospitality

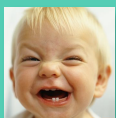
on May 3. There will be some time to work on these projects at school, but significant time should be put in at home reading about the country and researching various aspects of it as well. The upper graders were each given an instruction sheet with specific directions. Parents, your support from home in helping and reminding is needed and greatly appreciated!

Ways to Get \$ for IHAS

- 1) Sign up at morerewards.com & shop at CashWise
- 2) Save your Loma Linda and Atlantic Foods barcodes.
- 3) Boxtops for Education: cut out the symbol and turn them in to the school. Please check expiration dates.
- 4) NOT Campbell's Labels for Education —This program has

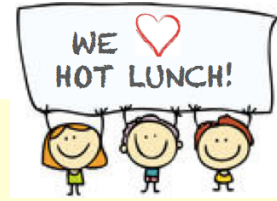


Artist: Autumn Hale
"A Rose"



CHUCKLE BIT:

Q: How do hens cheer for their team?
A: They egg them on.



Wednesday, March 25 – Soup & Molletes

Hale: 3 cans nonfat refried beans
Mo & Kaj: 1 head cauliflower
Kuzvinzwa: 1 head broccoli
Fortunate: 2 red or yellow bell peppers
Princess: bag of mini cucumbers
Reiss: 2 lbs. baby carrots
Ratliff: 1 bag whole wheat hot dog buns
Mtonga: 16 oz. hummus
Atira: 1 bag whole wheat hot dog buns
Karges: Soup
Mrs. Wright: Soup
Ms. Hay: Grated fake Cheddar

Wednesday, April 1 – Chili & Cornbread

Hale: 4 cans chili beans
Mo & Kaj: 3 cans kidney beans
Kuzvinzwa: 4 cans black beans
Fortunate: 1 gallon almond milk
Princess: 2 red or orange bell peppers
Reiss: 1 head leaf lettuce (not Romaine)
Ratliff: 3 cans diced tomatoes
Mtonga: 16 oz. fresh spinach
Atira: 8 Roma tomatoes
Karges: Julie's Dressing, 1 head broccoli
Mrs. Wright: chili powder, 7 eggs, onion
Ms. Hay: cornbread mix (already provided)

been



QUOTE OF THE WEEK:

"A kind gesture can reach a wound that only compassion can heal." – Steve Maraboli

