

Volume 6, Issue 2

August 26, 2021

### IHAS Shirts

We have a few new options for IHAS shirts again this year. In addition to what has been available in the past, we are adding a royal blue heather tshirt, a navy blue hoody in youth sizes, and a black hoody in adult sizes. An order form is in the Thursday packet this week, or you can find one in the rack in the foyer. Orders are due by Monday, September 20. Also, for those who need a polo shirt (this shirt is actually required for field trips, so ALL students should have one that is in good shape and



Orders due: Monday, September 20th

# Use the Library!

The library, in case you didn't know, isn't just for students of IHAS. If you'd like to use some of the resources there, please see Mrs. Wright about checking them out. Besides many books, there are also a number of videos. Each year we have to spend a certain dollar amount per student, so we are adding new books and items regularly.

### **Outdoor School**

If you didn't see a flyer about Outdoor School in your child's Thursday folder or backpack last week, please check the poster in the foyer. Outdoor School is September 13-16 (Monday-Thursday) Please note that this trip is only for Grades 1-8; kindergarteners may go only if they have a parent going and staying the whole time with them. Please read the flyer carefully as there is a LOT of information on the back side of it. Also,

there is a QR code on the front of the flyer that you will need to use to register your child for this event. There is a fee for

## Point to Ponder

fits well), you may order that on the form as well.

People are like stained glass windows. They sparkle and shine when the sun is out, but when the darkness sets in, their true beauty is revealed only if there is a light from within.

—Elizabeth Kübler-Ross

# **Upcoming Events**

Mon, Sept. 6 Labor Day-No School

Wed., Sept.8 School Portrait Day

Sept. 13-16 Gr 1-8: Outdoor School at

Northern Lights Camp

Mon., Sept. 20 IHAS shirt orders & payment due

Mon., Sept. 27 Let's Move with a Mission

Day

Mon., Oct. 4 Fall Break—No School

Thurs., Oct. 21 End 1st Quarter

#### International Children's Care Francisco Javier

Monthly Commitment Goal: \$30 Amount Received for August: \$47

#### Chuckle Bit

Q: What is fast, loud, and crunchy?

A: a rocket chip

## What's Cookin'?

Pasta & Veggies
Tuesday, August 31

Mo/Kaj: 2 lb.. frozen or fresh broccoli florets Kuzvinzwa: 3 carrots & 1 jar marinara sauce Majada: 1 yellow bell pepper & 1 jar marinara sauce

Ratliff: 2 zucchini & 1 jar marinara sauce Mtonga: 2 loaves whole wheat bread

Hale: I head cauliflower Carter: I red bell pepper

Karges: I jar marinara & I loaf w/w bread Ms. Hay: green powder & an English cucumber

Mrs. Wright: unalfredo sauce

#### **Baked Potato Bar**

Tuesday, September 7

Mo/Kaj: 5 lbs. red potatoes Kuzvinzwa: 3 cans chili beans Majada: 3 cans pinto beans Ratliff: 2 cans black beans

Mtonga: 3 lbs. frozen or fresh broccoli florets Hale: 2 red bell peppers and I large onion

Carter: I bottle Ranch dressing Karges: 5 lb. potatoes

Ms. Hay: 2 cans diced tomatoes, I can tomato sauce

Mrs. Wright: cheez sauce, I can olives

### **Mad Minute Progress**

Addition & Subtraction		Multiplication & Division	
<u>Level</u>	<u>Students</u>	<u>Level</u>	<u>Students</u>
2	Josiah,	16	Alyna, Milo, Josiah, Samantha,
3	Savannah, Milo		Savannah
4	Samantha, Alyna	17	
		18	Ebnay, Brianna
5	Fortunate	19	Fortunate
6	Ebnay	20	
7		21	
8		22	
9		23	
10		24	

Outdoor School of \$60/student and \$20/parent or sponsor. Make this payment directly to the school. If the fee presents a difficulty, please let Mrs. Wright know and we will make arrangements. If you are interested in attending outdoor school with your children, please contact Mrs. Wright.

## Free Eye Exams

The Optometric Foundation of North Dakota has contacted us with the following information: "At the foundation, we are very passionate about helping children's vision. We encourage all parents to apply to get a free eye exam through Vision Start for children 4-5 years old. As "back to school time" is starting up again, we want to make sure children are living up to their full potential. 80% of everything a child learns relies on vision. 'Kids don't know what they don't know,' said Dr. Ryan Capouch, a pediatric and vision therapy optometrist located in Fargo, ND. 'If a kid doesn't know what blurry is or doesn't realize they are only using one of their eyes, they're not going to tell mom that the vision is blurry.' We are hopeful for change in kids' lives. In order to qualify for a free eye exam by an optometrist, parents can go to Visionstart.org, "click parents," and click "apply now." They will answer two short questions and then it'll tell the parents which clinic to call. It's a very easy process! The closest provider to you is in Dickinson at Badlands Eye Clinic PLLC. You can contact them at john.hanstad@gmail.com. At the moment, unfortunately we do not offer anything for other ages. We are trying to get children in before older ages so we can fix it right away!"

# Dying to Self...Living Unto God

When you are forgotten, or neglected, or purposely set at naught, and you don't sting and hurt with the insult or the oversight, but your heart is happy being counted worthy to suffer for Christ, that is dying to self.

When your good is evil spoken of, when your wishes are crossed, your advice disregarded, your opinions ridiculed, and you refuse to let anger rise in your heart, or even defend yourself, but take it all in patient loving silence, that is dying to self.

When you lovingly and patiently bear any disorder, any irregularity, any lack of punctuality or any annoyance, when you can stand face to face with waste, folly, extravagance, spiritual insensibility...and endure it as Jesus endured it, that is dying to self.

When you never care to refer to yourself in conversation, or to record your own good works, or itch after commendation, when you can truly love to be unknown, that is dying to self.

When you can see your brother prosper and have his needs met, and can honestly rejoice with him in spirit and feel no envy nor question God, while your own needs are far greater and in desperate circumstances, that is dying to self.

When you receive correction and reproof from one of less stature than yourself, and can humbly submit inwardly as well as outwardly, finding no rebellion or resentment rising up within your heart, that is dying to self. Are you dead to self? In these last days, the Spirit would bring us to the Cross.

That I may know Him, and the power of His resurrection, and the fellowship of His sufferings, being made conformable unto His death. Philippians 3:10 Great peace have they which love Thy law, and nothing shall offend them.

Psalm 119:165.

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